

roasted sweet potatoes

Ingredients

2 large sweet potatoes
4 Tbsp vegetable oil
1 tsp fresh oregano
2 cloves minced garlic
1 Tbsp honey
1/2 tsp salt
1/2 tsp onion powder
1/2 tsp parsley, dried
1/4 tsp pepper

Instructions

1. Preheat oven to 400 degrees.
2. Cut sweet potatoes into 1 inch chunks and place in mixing bowl.
3. Combine remaining ingredients in a small bowl. Whisk until well combined.
4. Pour mixture over sweet potatoes and toss gently to evenly coat.
5. Place parchment paper on baking sheet, then spread sweet potatoes in a single layer.
6. Bake for about 35 minutes or until golden brown.
7. Enjoy!

